

A.S.S. SOCIEDADE COLUMBÓFILA CANTANHEDE

Prova		Torneio Nadador Completo
Provas Nadadas	80	
Recordes Pessoais	57	
% Recordes Pessoais	72	
1º Lugar Obtidos:	1	
2º Lugar Obtidos:		
3º Lugar Obtidos:		

Nome	Ano	Prova	Tempo Inscrição	Tempo Efectuado	Melhoria Verificada	Lugar
João Grilo	96	100 M	01:34,14	01:34,77	00:00,63	
		100 C	01:32,21	01:31,56	00:00,65	
		100 B	01:54,92	01:43,94	00:10,98	
		100 L	01:17,22	01:16,68	00:00,54	
		200 E	03:06,91	03:09,61	00:02,70	
Diogo Santos	96	100 M	01:35,00	01:34,84	00:00,16	
		100 C	01:30,12	01:25,19	00:04,93	
		100 B	01:35,11	01:35,63	00:00,52	
		100 L	01:15,07	01:14,15	00:00,92	
		200 E	03:01,00	03:02,54	00:01,54	
Carlos Santos	96	100 M	NT	01:45,01	00:00,35	
		100 C	01:29,18	01:28,64	00:00,54	
		100 B	01:47,68	01:40,63	00:07,05	
		100 L	01:22,10	01:18,82	00:03,28	
		200 E	03:26,08	DSQ		
Diogo Costa	97	50 M	00:50,15	00:51,20	00:01,05	
		100 C	01:37,82	01:40,73	00:02,91	
		100 B	NT	01:54,54		
		100 L	01:27,98	01:31,75	00:03,77	
		100 E	01:34,98	01:43,00	00:08,02	
Diogo Gonçalves	97	50 M	00:59,28	00:51,90	00:07,38	
		100 C	NT	1.39,55		
		100 B	01:42,60	01:45,11	00:02,51	
		100 L	01:36,48	01:32,12	00:04,36	
		100 E	01:41,31	01:39,72	00:01,59	
Eduardo Carvalheiro	97	50 M	00:43,75	00:42,71	00:01,04	
		100 C	NT	01:38,52		
		100 B	01:45,33	01:43,52	00:01,81	
		100 L	01:22,04	01:17,45	00:04,59	
		100 E	01:32,94	01:32,93	00:00,01	
Alexandre Coutinho	97	50 M	00:47,29	00:43,66	00:03,63	
		100 C	NT	01:33,66		
		100 B	01:50,08	01:49,68	00:00,40	
		100 L	01:26,90	01:23,56	00:03,34	
		100 E	01:34,98	01:34,65	00:00,33	

Francisco Oliveira	97	50 M	NT	00:50,82	00:00,35	
		100 C	02:00,15	01:52,50	00:07,65	
		100 B	NT	02:02,47	00:00,35	
		100 L	01:54,11	01:54,21	00:00,10	
		100 E	02:04,79	01:54,76	00:10,03	
Diogo Dias	98	25 M	NT	00:22,49		
		50 C	00:54,89	00:51,02	00:03,87	
		50 B	00:56,73	00:54,49	00:02,24	
		50 L	00:47,83	00:41,10	00:06,73	
		100 E	01:59,47	01:44,51	00:14,96	
Tiago Santos	99	25 M	NT	00:26,60	00:00,35	
		50 C	00:51,88	00:52,97	00:01,09	
		50 B	01:04,12	00:55,14	00:08,98	
		50 L	00:42,34	00:41,54	00:00,80	
		100 E	NT	02:00,05	00:00,35	
Ana Guina	97	100 M	NT	02:02,25		
		100 C	01:54,25	01:45,47	00:08,78	
		100 B	01:49,60	01:54,07	00:04,47	
		100 L	01:42,72	01:42,23	00:00,49	
		200 E	03:54,26	03:45,44	00:08,82	
Mariana Pereirinha	98	50 M	00:46,98	00:44,00	00:02,98	
		100 C	01:41,24	01:35,14	00:06,10	
		100 B	01:53,22	01:54,38	00:01,16	
		100 L	01:26,88	01:27,18	00:00,30	
		100 E	01:35,66	01:41,77	00:06,11	
Mariana Guerra	98	50 M	00:41,51	00:42,18	00:00,67	1°
		100 C	01:31,54	01:28,52	00:03,02	1°
		100 B	01:50,00	01:43,76	00:06,24	1°
		100 L	01:21,39	01:17,66	00:03,73	1°
		100 E	01:30,56	01:31,98	00:01,42	1°
Carolina Santos	98	50 M	NT	DSQ	DSQ	
		100 C	NT	01:45,18		
		100 B	02:01,71	02:03,32	00:01,61	
		100 L	NT	01:38,40		
		100 E	01:54,13	01:52,12	00:02,01	
Iolanda Samagaio	98	50 M	NT	01:10,95		
		100 C	01:52,93	01:57,30	00:04,37	
		100 B	NT	02:27,52		
		100 L	01:51,56	01:47,69	00:03,87	
		100 E	02:05,61	02:08,53	00:02,92	
Ana Reis	2000	25 M	NT	00:22,95	00:00,35	
		50 C	00:57,69	00:53,23	00:04,46	
		50 B	01:01,45	01:01,91	00:00,46	
		50 L	00:46,43	00:45,73	00:00,70	
		100 E	01:59,89	01:55,20	00:04,69	

Classificação	Clube		Ouro	Prata	Bronze
1.	Académica	AAC	11	4	6
2.	Lousanense	CDL	10	3	0
3.	Columbofila	ASSSCC	5	3	7
4.	Nautico	CNAC	2	13	6
5.	Gouveia	ABPG	2	1	0
6.	Paiao	JFP	1	2	2
7.	Miranda Corvo	CNMC	1	2	1
8.	Figueirense	GCF	1	2	1